



DISASTER PREPARATION

WHAT YOU DO NOW MATTERS | REMINDERS & TIPS THAT MATTER

Preparation is the key to success during a disaster. You can easily prepare a “go bag” for your family with the following supplies now and feel more secure. Please **SHARE** with friends, family, co-workers and your neighbors!



Remember to update your emergency supplies each year.

Check with the local emergency management services in your own area for additional recommendations. The items listed below are simply suggestions. Add to the list as you see fit to account for the unexpected events that are most likely to occur in your area.

- At least 3 gallons of water per person
- 3 days of nonperishable, ready-to-eat foods
- Eating utensils, can opener, tool set, and waterproof matches
- Blankets, set of warm clothes, and sturdy shoes
- First-aid kit & whistle to signal for help
- Vital medication in waterproof container along with copies of prescriptions, and other important documents
- Dust masks, medical masks, waterproof tape, and plastic sheet or material for temporary shelter
- Toothbrush, soap, and toilet paper
- Flashlight, portable radio (battery or windup), and spare batteries
- List of emergency contacts, meeting places and a local map
- Cash and emergency credit card
- Extra set of house / car keys
- Special-needs items for children or seniors
- Paper, pencils, books, and games for children
- Pet supplies (food, medications, leashes, etc.)
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